

## **Getting Organized Can Help Preserve the Most Precious Commodity You Own**

Here's a quick question for you: What's the most precious commodity you own? What is it that belongs *only* to you, and is worth more than anything else that belongs only to you?

Is it your money?

Nope. Though you could lose every cent you own through bad investments, market crashes, inflation, or forgetting where you buried it in the backyard, you can always make more. In terms of precious commodities, money is fairly easy to come by.

How about jewelry and precious metals? Not quite. Just like money, the loss of a diamond ring or a stash of gold can be replaced.

Ah, this must be it: precious memories! Well, that's certainly closer to the mark. But again, though memories may be lost (and quite easily, for some of us!), new ones are created every day.

But there's one particular commodity - more precious than anything on earth - that each of us owns in limited quantities. Each of us loses some of it every single second, and no power on earth can restore what we've lost.

You've figured it out, haven't you? Yes, it's the commodity of time – *your* time.

Think about it. The 30 seconds or so that you've spent reading to this point of this article is gone forever. You can never get it back, and you can never replace it. (Whew – that puts a bit of pressure on your humble author to deliver something worthy of such a costly investment!).

That means that anything you can do to help preserve that most precious commodity is certainly something worth considering, wouldn't you agree? And that puts the word 'organization' in a whole new light. Because that rather bland and dull word can help you preserve and make the best use of the single most precious commodity you own.

Worth considering?

### **How Much Time Are You Squandering Every Day?**

If you're like most of us, you squander a LOT of that precious resource every single day.

Did you spend a minute or two looking for your keys today? That time came out of your stash, gone forever. Bet you would've preferred to spend that bit of time on something else!

How about that *very* important paper you were trying to ferret out from the mess on your desk. Sheesh! Five minutes gone forever (and a bit of a blood pressure spike, too!).

Those are little things, admittedly. But they can sure add up. Add up all of those ‘little things’ over the course of a lifetime, and that sum will represent a horrendous squandering of time.

And though the lack of organization can cause you to lose lots of precious time, there’s some collateral damage involved, too.

According to the World Health Organization, lack of organization is one of the key causes of stress at the workplace. Workplace stress is a direct contributor to a host of physical and psychological problems.

And just think back to the last time you were in a frantic hunt for your car keys. The clock was ticking, you were late, and you needed to leave RIGHT NOW! Couldn’t you just feel the stress building up in you like a mainspring being wound to the point of bursting?

### **It’s Worth Investing a Bit of Time in Organizing...**

If there were something you could do to add value to your life - value worth more than the bank account of the richest man on the planet, you’d do it, wouldn’t you? So why not start paying a bit more attention to that humdrum, every day word: organization?

Because when you think about it, that word is mighty powerful. Using it can pay dividends worth more than all of the gold on earth.